

bess mccrary

singer / songwriter / storyteller

Big Apple-based Bess McCrary is an alchemist of both pain and joy as her brave songwriting and profound lyrics provide purpose for her unique, classically trained voice. A North Carolina native and lifelong performer, Bess has always crossed genre lines and let her most personal experiences dictate the path her music takes. Her latest LP is a collection of songs inspired by McCrary's own bout with cancer—an experience that caused permanent nerve damage to her voice, but left her spirit, talent, and sense of humor intact.

Genre: Pop / Singer Songwriter / Jazz

Current Market: New York City



PROJECT HIGHLIGHTS

- New album *Resurrect Me* available May 26, 2015 via AWAL (Kobalt digital distribution)
- Artist-in-Residence at Serenbe in Atlanta, GA, May 2015
- Recent NYC performances at Rockwood Music Hall, Bowery Electric; Parkside Lounge; The Bitter End, upcoming Los Angeles show at Room 5 Lounge
- Airbnb NYC campaign partnership featuring "Such a Big Apple"
- Music featured in 1000 tea rooms, spas, and coffee shops - Spring 2015
- Etsy partnership - Collaborating with talented Etsy artists on Resurrect Me album artwork. Each piece of single art will be created by a different artist, inspired by the music and lyrics written by Bess.
- ASCAP affiliated writer



@bessmccrary

www.bessmccrary.com

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Single: **"Conquer & Thrive"**
available 4/28

LYRICS

I'm a little lost these days.
I can't afford the cost these days.
'Cause my brain, and my heart, and my soul, and
my mind, they broke up and they wandered
away.

Can it be this pain I need?
Should all my songs go back to seed?
Where the sun, and the moon, and the earth,
and my tears, are the only critics around?

I can't steer behind those eyes,
I don't want to go home with that prize.
I want to do more than just survive.
I want to conquer, I want to thrive.

I'm prepared for frost these days.
Haven't seen my blooms in an age.
'Cause the wounds, and the grief, and the love
underneath, nearly tore my roots from the
ground.

All the mirrors here are gone.
I see the shards have much more charm.
But the view from the here makes my heart
disappear, and the colors just aren't the same.

I can't steer behind those eyes,
and I don't want to go home with that prize.
I want to do more than just survive.
I want to conquer, I want to thrive.

I want to go until the world tells me no.
Then I gotta give and spread the joy around...

"Conquer and Thrive" is a personal anthem of self-motivation and mindfulness. A musical meditation that encourages us to not just survive each day but strive each day - despite our personal burdens and baggage and day-to-day bullshit of our busy, hurried, and harried lives. "Conquer and Thrive" is a musical high-five of self-empowerment!

Single artwork created in partnership with Etsy designer Wolfgang and Rose of Sydney, Australia - which consists of artist Rose Miller and her poodle "muse" Wolfgang. Rose's highly stylised oil and watercolour paintings are sassy and bright, taking inspiration from iconic design and fashion moments throughout history.